



GFWC Contemporary Women Of North County

March 2010

Executive Committee

President

Linda Bridges

1st VP - Dean

Ann Lygas

2nd VP -Federation

Penny Hagler & Jenna Jahn

3rd VP -Ways & Means

Laura McPhee & Lisa Pratte

Secretary/Newsletter

Laura McPhee

Treasurer

Laura Collins

Executive Chairs

Membership

Kathleen King & Lisa Pratte

Publicity

Kaye Martin

Sunshine

Donna Jenkins

Website

Kathy Michaels

Inside this issue:

1. February Meeting Minutes
- 2 2010 Executive Committee
3. Membership
4. Federation
5. Ongoing Projects
6. Annual Projects
7. Treasurer
8. March Meeting Agenda

"CWONC Honors Our Military"



FROM THE PREZ'

Dear Sister CWONC'ers,

One of the things I love about our club is the ever-changing aspects of it. New members bring new ideas and the rest of us are always on the look-out for a project that pulls at our "heart strings". Back in 2008, Lisa and Kathleen volunteered to Co-Chair Membership. Membership tasks are divided between recruiting and retaining members. In January of this year, they expanded their efforts and formed a team...bringing in other officers & chairmen who could help CWONC create a Club that is the BEST in our volunteer Federation (General Federation of Women's Clubs) Traditions are good, but if there is a better way of doing something, I'm all for giving the idea a chance. So far, we are working on:

- Creating a "New Member Program" (Thank you Gina and Kathleen)
- Publishing a "Mug Shot" Roster (many thanks to Kathleen & Laura M);
- Forming a Facebook team (Thanks Jenna for sending out the invitation to our members); and
- Streamlining our Newsletter- but still keeping our members informed. (Thanks Kathy M & Laura M for "connecting" our newsletter TO our website).

Just Girlz; Palomar Art Festival and the Miss San Marcos Tea are now part of our Club history. Next up is Carnival of Cultures on March 7 and the Escondido "Paws in the Park" on March 28. Hopefully you'll be available to participate in one or both of these events...the more the merrier!

Thanks bunches and see you in March at the Wood House.
Linda

MARK YOUR CALENDAR AND JOIN US ON THESE DATES

March 7th - Carnival of Cultures

March 8th - Regular Meeting

March 11th - Mother's Day Tea Meeting

March 13th - Woman's Club of Escondido Rummage Sale

March 16th - District Meeting

March 20th - Batiquitos Lagoon

March 22nd - Board Meeting

March 24th - BUNCO

March 28th - PAWS in the Park

April 12th - Regular Meeting

April 18th - Meet the Chefs of Del Mar

April 20th - District Convention

April 24th - I Love a Clean San Diego

April 25th - Ms Walk

May 8th - Mother's Day Tea

May 10th - Regular Meeting

CLUB BUSINESS

1. February Meeting Minutes

President, Linda Bridges called our February 8th meeting to order at 6:53pm at the Wood House.

Members present were: Linda Bridges, Laura Collins, Lisa Pratte, Donna Jenkins, Kathleen King, Dorine Feeney, Betty Walden, Jenna Jahn, Diane Modjeski, Debby Weiner, Ann Lygas, Kathy Packard, Bina Kozak, Cheryl Marians, Marianne furtado, Sandra Teters, Pam Irwin, Judy Bohlig, Maryann Donovan, Michelle Delgado, Susan Duey, Vivian Doering, Gale Martin, Penny Hagler, Gina Ensalaco, and Laura McPhee. The two guests present were Kyrsten Sand and Linda Breen.

President: Linda Bridges asked Kathleen King to conduct the installation of the 2010 Officers as voted by members. The new Board was installed. Linda distributed a revised Project Quick Reference that was divided by the different GFWC departments, and said that it would be on our website. It was suggested at the new member gathering that a quick reference would be helpful.

Membership: Lisa Pratte congratulated Penny Hagler with a certificate honoring her as "Rookie of the Year" for 2009 for all of her hard work on Soldier's Angels, Federation, Casa Cooking Class and Night of Spirits. Lisa also congratulated Kathleen King for her 15 year anniversary of dedication as a member of CWONC and presented a pin of recognition.

Kathleen King told members that she was working with Laura McPhee to produce a new rooster with pictures of each member.

Members were asked if they would like all contact information on the roster or just the phone number and email address, members voted for the phone number and email address along with each picture. And it would be nice if it was on just one sheet of paper.

Kathleen explained that they are starting a new program to mentor/help new members since CWONC has so many events occurring all of the time. The new program is matching new members with veteran members, helping to explain what is going on and how things work. So far they only have one veteran that has volunteered.

Secretary: Laura McPhee asked members if there were any corrections to the minutes as noted in the newsletter, none were noted. Laura stated that she is working on the Membership binder and any changes should be submitted by February 15th. Any submittals for the newsletter should be sent to Laura by the 20th of the prior month.

Dean: Ann Lygas, new Dean, asked members to be sure to get their hours and dollars spent on projects to her each month. As a working club in GFWC and a 501c3 it's important to track our activities. President Linda Bridges has established a "Medal of Honor" for members that step up and chair a project. For this meeting there were two winners, Jenna Jahn for chairing Women for Women and co-chairing Federation, and Marianne Furtado for chairing AniMeals and our Music Scholarship.

Treasurer: Laura Collins distributed the new 2010 budget to members and asked for member approval. The budget had been also forwarded by email and provided at the January meeting. Donna Jenkins identified that the amount budgeted for Painted Turtle was incorrect and should be \$250, as it was last year. Laura stated that she would make that change. Laura made the motion to accept the proposed budget with the correction to Painted Turtle, and Ann Lygas seconded the motion.

Laura reminded members to be sure to pay dues for the year which is \$45. Laura also made the motion to amend the proposed Standing Rules to state that guest orientation is from 6:15pm to 6:30pm. Donna Jenkins seconded the motion and members approved.

Procurement: Lisa Pratte & Laura McPhee shared that we could use any re-gifted items members might have and don't want. We're putting together silent auction and opportunity items for the Mother's Day Tea. We could also use baskets, stuffing, and ribbon.

Project Status by Chairs:

Art Festival – Laura Collins let members know that they still needed volunteers to help with the actual event on February 23rd at the Art Festival titled “It's Easy Being Green”. If anyone would like to attend it's \$15 and takes place from 9am to 1pm. We will be donating a Tea basket which Penny Hagler will put together. Members are also encouraged to go by the night before to view the artwork.

Miss San Marcos Tea – Laura Collins shared that Joan will be Co-chairing the event since Laura will not be available. On February 27th CWONC helps the City of San Marcos with their Miss San Marcos Pageant by decorating, purchasing needed supplies, preparing and serving lunch to the participants. There are enough volunteers so we are set to host the morning event which has a theme this year of “Pageantry”.

Haiti Donation – Jenna Jahn made the motion for CWONC to donate \$150 for Haiti earthquake relief, which would be donated through GFWC. Ann Lygas seconded the motion, and members approved.

PAWS in the Park – Jenna Jahn has set up CWONC on the Escondido Humane Society PAWS website for any walkers and for donations. The team name is CWONC.

Carnival of Cultures – On March 7th CWONC helps with the Carnival of Cultures chaired by Laura Collins and Gina Ensalaco. We have the America booth where our members serve hotdogs, popcorn and soda. Laura said they will come up with a schedule for members to help out for 2 hour intervals. They are trying for five volunteers at each shift, or you can help with setup which is at 8am. A sign up sheet was available in the kitchen.

Women for Women – Jenna Jahn shared that now tha the budget has been approved she will set CWONC up to participate on this international project. Instead of picking an area our adopted women would be from, Jenna is going to let them decide where the greatest need is. Once she gets us signed up she will share what else we might be able to do for our adopted women.

Motions Made:

- Laura Collins presented the 2010 budget for approval, Ann Lygas seconded the motion and members approved with one change, increasing Painted Turtle to \$250.
- Laura Collins made the motion to change the proposed Standing Rules to state the guest orientation is from 6:15pm – 6:30pm. Donna Jenkins seconded the motion, and members approved.
- Jenna Jahn made the motion to donate \$150 to Haiti earthquake relief through GFWC. Ann Lygas seconded the motion and members approved.

Linda Bridges closed the meeting at 8:20pm.

2. New 2010 Executive Committee

Installation of the Officers took place at our February meeting and the new slate is:

New Officers (Executive Committee):

PRESIDENT	Linda Bridges
1st VP-DEAN	Ann Lygas
2nd VP-FEDERATION	Penny Hagler & Jenna Jahn
3rd VP-WAYS & MEANS	Laura McPhee & Lisa Pratte
SECRETARY	Laura McPhee
TREASURER	Laura Collins



3. Membership

Chaired by Kathleen King & Lisa Pratte

Kathleen King has taken pictures of all of our members and Laura McPhee will provide a new rooster with the pictures at our March meeting. A new program has been established to mentor our new members, matching them up with a more seasoned or veteran member. If anyone is interested in either being mentored or helping to mentor contact Kathleen King.

4. Federation

Penny Hagler & Jenna Jahn

Bunco is scheduled at Kathy M & Diane's house on Wednesday, March 24th at 6:30pm. If you'd like to join the fun please RSVP to Penny or Jenna so they make sure there are enough fill-in people.

Come join us for a Batiquitos Lagoon Nature Walk on Saturday, March 20th from 9-11am and then we're planning lunch at 1:00 pm at Las Olas restaurant in Carlsbad. The address for the walk is:

Nature Center
7380 Gabbiano Lane,
Carlsbad, CA 92011
760-931-0800

http://www.batiquitosfoundation.org/newsite/events_publicwalks.php

CWONC has now joined Facebook, if you are a member of Facebook and would like to receive a "friend request" from CWONC ask Jenna.

Any pictures people would like to have posted please email them to jennajahn2@hotmail.com, or you can upload them on Facebook!

**SO MANY WAYS YOU
CAN HELP**

5. CWONC's Ongoing Projects

Young Musicians Scholarship

Chaired by Marianne Furtado

This new project is not the brainchild of CWONC, but is one of the benefits of our membership in CFWC (California Federation of Women's Clubs)....

The opportunity for a young musician in North San Diego County to compete at the state level for the CFWC Scholarship. The CWONC Executive Board liked the idea of participating in the CFWC project, but suggested that we offer our own Scholarship (\$250- included in the proposed 2010-11 budget) . CWONC's winner would be entered for state competition.

Procedure:

1. \$250 Scholarship Awarded by CWONC (included in 2010 proposed budget)
2. Vocalist, Pianist or Instrumentalist
3. Deadline to CWONC- January 15, 2011
4. Winning entry will be submitted for CFWC Competition-Deadline March 15, 2011
5. Winning entry may be asked to perform at District Art Festival
6. Eligibility: San Diego residents- under 22 years old
7. Requirements: Each entry includes 2 selections- one classical and one of artist's choice. Entry submitted on CD. (CD's will not be returned); Application and short resume of artist.
8. How to Promote Project: Music Departments- Local High Schools, Community Colleges; CWONC website and in the local newspapers.

Women for Women International

Chaired by Jenna Jahn

A new project supported by the Executive Committee is Women for Women International. It's actually not a brand new project, we supported it a year or so ago. We sponsor a rape victim and survivor of war triumph over overwhelming obstacles and build a new life for her and her family. It's \$27.00 a month (\$354 a year) and a \$30.00 one time fee. You may have seen it on Oprah, the website can be viewed at www.womenforwomen.org. Look for more information to come from Jenna.

Operation Top Knot

Chaired by Lisa Pratte

If you'd like to help out this worthy project that provides a virtual baby shower for expecting families of our deployed military contact Lisa Pratte. They can use baby blankets, onsies, stuffed animals, baby clothes, etc.

Lisa now has a new contact for the Top Knot project and Lisa introduced CWONC to her and mentioned all of the Soldier's Angels projects we participate in.

Lisa received a nice reply, a big Thank You from our new OTK contact person for Soldiers' Angeles after she found out how involved GFWC Contemporary Women is in Soldiers' Angel.

Please tell all your ladies how grateful I am and everyone is of their support for our military and their families. If you ever need anything just let me know."
Thanks so much! Jody

Painted Turtle Camp

Chaired by Donna Jenkins

CWONC has supported the Painted Turtle Camp for many years through financial donations, afghans and lap quilts. The Painted Turtle Camp is a specialty camp for children with life-threatening illnesses which runs year-round. Children are invited to attend a week of camp (free to them) enjoying a camping experience that is physically safe, empowering and fun! Each child leaves with a couple of souvenirs: a pillow in the shape of a turtle, and a beautiful small afghan (blanket) or lap quilt. CWONC donates crocheted or knitted afghans, or for all you quilters, small lap quilts – *all items should be machine washable.*

Following are the dimensions for the afghans and lap quilts:
Small Afghans - They can be knitted or crocheted. The size should be 35-40 inches wide by 45-50 inches long. (No specific pattern – you select something that would be nice and colorful for a child.)

Lap Quilts - Patchwork quilts should be cheerful and with bright colors. The size should be 35-40 inches wide by 45-50 inches long. (Please make sure that these lap quilts are not too heavy or too warm.)

If you cannot bring the donated items to the meeting, please contact Donna to make arrangements for pickup. If you are interested in learning how to crochet, please contact Donna. Any questions can be referred to Donna Jenkins (760)754-9918 or jenkins_cwonc@yahoo.com.

Recycling

Chaired by Kathy Michaels

Kathy Michaels is going to chair our recycling project. Look for more information from Kathy at the next meeting.

Adopt a Soldier

Chaired by Penny Hagler & Laura McPhee

Our adopted soldier, Amy Chenowith is a sergeant stationed in Afghanistan until next July. Her husband is also in the military stationed in Oklahoma and being both mom and dad to their 3 yr little boy. Penny sends her a box each month and is asking for members to write letters and email them to her at penny.hagler@news.com. Penny will get them sent to Amy and if you have any questions please forward them to Penny. Don't forget to bring items for Amy's monthly boxes.

Africa Orphanage Project

Chaired by Lisa Pratte & Linda Bridges

The Africa Project is sponsored by Soldiers' Angeles baby and children's clothing, blankets and small toys are sent to orphanages in Kenya and Ethiopia. Our contact person is a member of the Special Operations Command Africa (a military joint special task force). In January, CWONC shipped 9 blankets, 5 T-shirts and 2 skirts. We are able to use the Flat-Rate boxes for the Military, but do need to fill out a customs declaration and dispatch note that is required by the post office. If you have any children's items to donate (can be gently used), please bring to the monthly meetings. Thanks for your support.

Tubfrim Project

Chaired by Vivian Doering

TUBFRIM is a humanitarian organization owned by the Norwegian Health Service (TUBFRIM, NO-3540 Nesbyen, Norway). Used postage stamps are collected, packaged and resold to wholesalers and philatelists' world wide. The profits earned from these activities are used to provide care and aid to handicapped children in Norway. Bring your canceled stamps to the meeting and our club chairman will forward the stamps to a collection site in the United States. Vivian asked to include a thank you letter that was received from TUBFRIM....

Dear Friend,

Thank you very much for your recent shipment of canceled stamps to TUBFRIM. We are happy to tell you that the total amount since TUBFRIM was founded (in 1928) is now approx. 15 million kroner!. This result was made possible only because of our many loyal TUBFRIM friends, amount them are you, who have been collecting canceled stamps for us through the years. The stamps come from Sons of Norway members and lodges in USA, the Norwegian Seamen's Churches and some other groups and persons.

Most of the stamps are shipped with Star Shipping and DFDS Transport free of charge, or with SAS (Scandinavian Airlines) at very low costs. Your effort on behalf of TUBFRIM and the handicapped children that we support is highly appreciated. Please keep up the good work and we will get a nice surplus this year as well.

Sincerely yours,

Arvid Syversen

TUBFRIM

NO03540 Nesbyen, Norway

And a big thank you from CWONC to Joe Doering for donating funds to mail our canceled stamps to the shipping point in San Francisco.

Project note: Please cut or tear the stamps off the envelopes, leaving a slight margin (approx ½”) to keep the perforation intact. TUBFRIM is happy to receive stamp collections, old envelopes, covers and postcards. If they are more than 40-50 years old, then please do not cut off the stamp, but send the whole envelope/card.

For more information and photos, go to:

www.tubrrim.no

Scrip, Escrip & Those Collectibles

Don't forget that there are a lot of ways to help CWONC. Buy Scrip (the gift cards) at our meetings and use them for meals or purchases you plan on making. There's no additional cost for you and CWONC will receive a small percent from the purchase. Or you can use eScrip to get credit for CWONC. To sign-up you go to the eScrip website at www.escrip.com and then you can register your grocery cards that you use at Vons, Major Markets, Safeway or Ralph's. If you have any questions check with Linda Bridges. Current available scrip is listed below. Linda Bridges will be ordering more that should be available at our next meeting.

Other ways you can help are:

- **Hand knit or crocheted receiving blankets, kimonos, sleepers, caps, dresses and bonnets** needed for Diana's Angels layette boxes for mothers that have unexpectedly lost their baby.- Vivian Doering
- **Collect soda cans and water bottles for recycling** and bring them to our meetings -
- **Collect cancelled stamps for Tubfrim** which helps handicapped children /youth providing financial aid for the Society of Health and Development of Retarded Children and Youth in Norway – Vivian Doering

- **Remember we use hotel toiletries for many projects**, so keep bringing them into our monthly meetings.
- **Bed linens, slightly used towels & stuffed animals** are needed for Sunburst Camp, a camp for low income families and children affected by HIV/AIDS.
- **Casa de Amparo** can use children's clothing, and it's alright if it's gently used.

6. CWONC's Annual Projects

Animeals

Chaired by Marianne Furtado



This new project, AniMeals, offers free pet food for the dogs and cats of elderly or disabled people throughout San Diego County. AniMeals helps keep people and their companion pets together by removing logistical and financial obstacles to ensure that clients will always be able to provide nutritious meals for their beloved pets. For many homebound individuals, a dog or cat is more than a pet; it can provide friendship, joy, and a reason for living. Look for more information at our next meeting.

Humane Society Paws in the Park

Chaired by Jenna Jahn



Paws in the Park is walk and family-friendly event for people and their canine companions. It helps to save the lives and provides a safe haven for animals who have yet to find their forever-home. Every day, for every one of these animals Escondido Humane Society is devoted to providing a safe shelter, medical care, love and new homes. Jenna has established a TEAM CWONC so please have your friends and family make donations by either joining the walk by registering as a member and joining the CWONC Team at

<http://www.firstgiving.com/process/teamarea/default.asp?did=1580&TeamId=91654&EventId=69916>

Mothers Day Tea

Chaired by Penny Hagler & Laura McPhee



We put on a lovely Mother's Day Tea on Saturday, May 8th from 11:30am to approx 1pm. We serve a delightful lunch, with entertainment, silent auction items, and raffles. We need most of our members' assistance on this fundraising event. There will be a planning meeting on March 11th starting around 5:30pm at the California Mining Company at Restaurant Row in San Marcos. We can use items for our silent auction and opportunity baskets, so if you can help contact Laura McPhee.

7. Treasurer

Laura Collins

IT'S DUES TIME

Club women please remember to pay your club dues of \$45.00 at the February meeting. For convenience, feel free to mail your check made out to GFWC-CWONC to Laura C. You can find her address in the club roster. Thank you.

March Days to Remember



Happy Birthday to:

Cheryl Marians – February 16th

Happy Anniversary to:

Bina & John Kozak – February 11th

Penny sent an email about how you can help Casa de Amparo, if you'd like to help support please read on.



On Friday, January 8th, Governor Schwarzenegger released his proposed budget for Fiscal Year 2010-11. Among his budget proposals was the complete elimination of THP-Plus funding if the state is unable to secure an additional \$6.9 billion in federal funding. Other programs slated for complete cuts include CalWORKs, In Home Supportive Services, and the Healthy Families program. Such a cut would devastate Casa's highly successful New Directions program for youth who have "aged out" of the foster care system. Studies show that, without additional support, over 40% of this population will become homeless, incarcerated or dependent upon public assistance.

Prevention programs such as THP+ are not only effective, they cost far less than the services. Prevention programs such as THP+ are not only effective, they cost far less than the services required to address the outcomes that result without them.

Please join us in asking the legislature to protect THP-Plus!

Call your state legislators

Phone calls and letters to elected officials make a difference. You can find out who represents you in the State Assembly and State Senate by visiting <http://www.leginfo.ca.gov/yourleg.html>. Ask to speak to the staffperson who handles foster care issues and express your concern about the Governor's proposal

Write a letter to your representatives and to Speaker-elect John Pérez

Ask Penny Hagler for a sample letter which you can modify as desired and mail or email to your representatives. Clicking on the representative's name from the link above will take you to his/her website where you'll find each representative's mailing address and email.

Thank you for your support of Casa de Amparo and all of our Casa Kids!

GFWC Contemporary Women of North County
Today's Volunteer- "CWONC Honors Our Military"
Tentative Agenda

Monday, March 8, 2010

Hands On Project/Social (6:00 PM)..... Wine Charms.....Linda Bridges & Laura McPhee
 Guest Orientation..... Laura Collins
 CALL to Order (6:45 PM).....Linda Bridges, President
 Pledge of Allegiance..... Vivian Doering, Citizenship Chair

SIGN UPS IN THE KITCHEN

Membership Co-Chairmen- Lisa and Kathleen

Welcome Guests		Lisa, Chair
5 th Club Anniversary Presentation	Congratulations Bina Kozak!	Kathleen, Presenter
Happy Birthday	Happy Wedding Anniversary	Kathleen, Chair

Secretary- Laura McPhee

Corrections to Minutes	Included in Newsletter	Laura M, Secretary
2010-11 Roster	Distribution	Laura M, Editor
Newsletter article	Deadline- 20 th of month	Laura M, Editor

Treasurer- Laura Collins

Dues due - \$45; Corp. File Statement of Information with Sec. of State
Monthly Treasurer's Report- turn in monies & request for reimbursements

President- Linda Bridges

Disney Give A Day- Free Tickets-Volunteer at the TEA (Laura M, Chair)

First Vice President (Dean of Chairmen)- Ann Lygas- Member's Choice to volunteer

Volunteer Statistics	Hours & personal donations	Monthly to Ann, Dean
Miss San Marcos Tea	Recap & Honor Medal to Joan	Laura C, Laura M & Joan, Chairs
Art Contests (Photo, Crafts)	Winner's List	Linda, Chair
Esc Humane Society-March 28	Paws in the Park	Jenna, Chair
Women for Women	Letter Writing Campaign	Jenna, Chair
Scholarship Committee	Applications distributed/advertised	Ann, Chair
Meet the Chefs-April 18	CASA- Sign ups	Laura M, Chair
I Love a Clean San Diego- April 24	Where/Time: TBD	Ann, Chair
MS Walk-April 25-Legoland	Team Sign Ups	Kathy P, Chair

Second Vice President (Social & Federation- Member's Choice)- Penny Hagler & Jenna Jahn

Bunco- Date: March 24	Time: 6:30 PM	Hostess: Kathy M & Diane
Batiquitos Lagoon-March 20	Nature Center- 9-11 AM	Penny/Jenna, 2 nd VP's
District Meeting-March 16	Escondido- Register; Decorations	Penny/Jenna, 2 nd VP's
District Convention-April 20	Sign Ups & Door Prizes	Penny/Jenna- 2 nd VP's

Third Vice President (Ways & Means)- Laura M & Lisa Pratte (Member's Choice OR 100% members needed)

Procurement	Donations	Member's choice	Laura & Lisa, Chairs
Carnival of Cultures	Recap	Member's choice	Laura C & Gina, Chairs
Mother's Day TEA	Committee	100% Members Needed	Laura M & Penny, Chairs

- Old Business.....Linda Bridges
- Announcements.....Linda Bridges
- Adjournment @ _____ Next meeting April 12 @ Wood House (Ann run meeting)