

GFWC Contemporary Women of North County

APRIL 2005

Board of Directors

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Laura McPhee 744.5534

Dean

Laura Collins 942.3743

Federation/Membership

Laura White 945.8699

Ways & Means/Donations

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Marilyn Kroecker 471.6396

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Linda Bridges 747.6233

Newsletter/Sunshine

Ann Lygas 599.9119

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Sandy Schramm 741.9114

FROM THE PREZ

Our Mother's Day Tea is quickly approaching and we will need everyone's help to make this a great fundraiser. Tell your friends, relatives, and co-workers about it. It's a wonderful day for our guests, and a great opportunity for CWONC to raise funds for our various efforts. Check this Newsletter for more information on the Mother's Day Tea.

Thanks to everyone for all of your efforts and hard work. We have such a great group of ladies, and I think our group is very blessed to include such wonderful members.

Thank you again,
Laura M.

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GENERAL MEETING INFORMATION

Our General Business meeting is held the second Monday of each month, with social time starting at 6:00 PM and the meeting starting at 6:30 PM at The Wood House at Woodland Park in San Marcos. Be sure to call first to confirm the meeting location, since meetings are occasionally held at member's homes.

Directions to The Historic Wood House:

Take 78 to Woodland Parkway/Barham Drive. Circle around to Woodland Parkway. Head North on Woodland Parkway. At Rock Springs Road make a right turn. Look immediately to left for the driveway next to Woodland Park Middle School. Turn left onto the lane and follow up to the top making a right at the pepper tree. Follow road around to entrance gate to the gardens

JUST SO YOU KNOW.....

- ❖ **Forward your favorite recipes to Laura McPhee. We're assembling a small cookbook. She needs 50 more recipes to complete the cookbook so please get those recipes into Laura.**
- ❖ **Monthly meetings now begin at 6:30 pm!**

March 14, 2005 Meeting Attendance: Laura McPhee, Marilyn Kroeker, Laura Collins, Linda Bridges, Marsha Lyon, Sandy Schramm, Julie Dartt, Donna Jenkins, Melanie Noble, Vivian Doering, and Sandra Teeters. Guests: Marie Nash, Stephanie Nunez, Bina Kozak, and Paula Zimmerman.

Federation

Club Business

1. Membership Committee

Chaired by: Laura White

It's that time again, members! Dues of \$45.00 are due now. Please pay them at the April 11th meeting or mail your check (payable to CWONC) to Linda Bridges.

2005 Yearbooks were passed out to members at the March meeting. If you did not receive one, please see Linda Bridges.

WINE & CHEESE - A wine and cheese open house and member recruiting event was held at the Wood House on March 30, 2005. In honor of Women's History Month, our speaker, Lorraine Boyce, former Mayor of Escondido, talked to us about women in politics and how we can be most effective in making changes in our communities. Thanks to everyone who worked and/or participated in the event and to our terrific guests! We hope to see you at future events!!

FEDERATION EVENTS

Planned fun events:

Poker Night, Saturday, April 16, 2005 at the home of Laura White. Please RSVP to Laura:

lauravwhite@cox.net

FEDERATION PLANNING FOR 2005

- 1) **Glen Ivy Day Spa –Proposed Dates for all day Spa Day to be voted upon at the April meeting.**

Saturday, Sept 17th or Saturday, Oct. 1st

SPA HOURS

Hot Season (Pacific Daylight Time)

Open Daily 9:30 a.m. to 6 p.m.

Cool Season (Pacific Standard Time)

Open Daily 9:30 a.m. to 5 p.m.

Closed Easter Sunday, Thanksgiving Day, & Christmas Day

ADMISSION RATES

Monday through Thursday: \$30 per person

Friday through Sunday & Holidays: \$42 per person

Full Price Holidays include: Martin Luther King Jr. Day, Presidents' Day, Memorial Day, Fourth of July, Labor Day, Veterans' Day

AFFORDABLE SPA - If you think Spas are only for the rich and famous, you will be pleasantly surprised at Glen Ivy Hot Springs Spa.

Daily admission includes use of all pools, spas, steam rooms, sauna, Roman baths, towels, lockers, and the red clay mud bath - Club Mud. The locker building amenities include Glen Ivy's own body gel, shampoo, conditioner, body moisturizer, and hair dryers. Body treatments and salon services are available by appointment for an additional fee. The Grotto, a body moisturizing spa treatment enjoyed underground, is \$20 with paid admission to the Spa.

Nearby and a world away the Promise of Paradise Awaits.

- 3) Suggestions: E-mail Laura White (lauravwhite@cox.net) - What fun events would you like to present to the group to do this year? We are definitely open to new ideas!

~~Sunday--September 19th--J. Paul Getty Museum Trip through Joni's Journeys. Cost would be \$31--which includes transportation to the museum. Lunch is not provided. Pick up is at 9:15 AM at the Carlsbad Mall--Olive Garden Restaurant. The tour leaves the Getty at 4:30 PM, returning back to the pick up point at around 6:30 PM.~~

~~Web site : www.getty.edu/museum---~~

~~* Upcoming Weekend Palm Springs Follies Trip through Joni's Journeys--2005 season earliest weekend trip: March 12th (Saturday) or May 8th (Sunday), May 22 (Sunday). The price will be \$75 per person, seats in circle rows 4-15--"great seats always".~~

2. Mother's Day Tea

Chaired by: Laura McPhee

Date: May 7, 2005 - Saturday
Time: 11:30 to 2:30
Where: Wood House, San Marcos
Cost: \$22 per person, or \$36 for two, with a special discount for 6 or more

CWONC puts on a great Tea party at the Wood House, where participants share a wonderful afternoon of fine teas, delicious treats, delightful company, and terrific opportunity items. It takes place outside on the lawn and provides a great opportunity for CWONC to raise funds. We get teens from the local high schools to serve a great lunch, and we will have wonderful entertainment and plenty of opportunity items. If you know of a business that might be able to donate food, services, or items for our opportunity baskets, let Laura M. know. A list of opportunity items will be distributed shortly, and any donated item is tax deductible.

3. The Painted Turtle Camp

Chaired by: Donna Jenkins

The Painted Turtle Camp, Paul Newman's newest, multi-disease, medical specialty summer camp for children with chronic and life-threatening illnesses, opened on May 22, 2004. The first campers arrived on June 22, 2004 and it was a tremendous success! They had over 400 little campers. Many thanks were expressed to all volunteers and those who have contributed time, money, and donations in kind to make the children's experience so wonderful.

The camp's mission is to enrich the lives of children with chronic and life-threatening illnesses by creating camping experiences that are memorable, fun, empowering, physically safe, and medically sound. And now, one idea floating around is to have a "year-round" camp. Donna will keep us posted as to any new developments in this regard.

You can help by making any of the project items listed below, donating material, or making a monetary donation.

The Painted Turtle Project comprises:

- a. Small Afghans
- b. Lap Quilts

Following are the dimensions for the Afghans and Lap Quilts:

Small Afghans - They can be knitted or crocheted. The size of the afghan should be 35-40 inches wide by 45-50 inches long. (No specific pattern - you select something that would be nice and colorful for a child.) *Please make sure that these afghans are machine washable.*

Lap Quilts - Patchwork quilts should be cheerful and with bright colors in order to inspire warmth, friendship and creative imaginations. (The size of the lap quilts should be the same size as for the small afghans.) *Please make sure that these quilts are machine washable and are not too heavy or too warm.-*

NOTE: If the camp starts operating year round, the need for small afghans and lap quilts will probably quadruple. Currently they need 1000 of each for the summer camp.

Donna is in need of donated yarn as well as small afghans and/or lap quilts; however, there is a greater need for volunteers willing to create these items. They need not be members of CWONC; they can be family members or even neighbors and friends.

If you cannot bring the items to the meeting or have questions, please contact Donna Jenkins at (760) 754-9918 or jenkins_cwonc@yahoo.com to make arrangements for pickup. If you are interested in learning how to crochet, please let Donna know and another class can be scheduled.

4. Hospital Gowns for Hospice

Chaired by: Laura McPhee

If you have cotton material to donate contact Laura McPhee at seanair@earthlink.net.

5. Fresh Start – Chaired by Laura Collins

Fresh Start Surgical Gifts is a local program that provides reconstructive surgery to children, teens and young adults. Surgeries and treatment are performed by volunteer surgeons, dentists, and medical and dental health care workers. CWONC provides care bags for the patients. Items such as hand lotion, shampoo and soap (complimentary size), new wash cloths, knitted or crocheted slippers, books, activity books, hand held games, or note paper/cards are needed. Bring your donations to a club meeting. A possible future project for club is participating in the Fresh Start 13th annual celebrity golf tournament. Details to be announced at the club meeting. The tournament is May 2, 2005.

6. District/State News – Linda Bridges

CA Junior State Convention in Redlands, May 21, 2005. CWONC members are encouraged to attend.

Dear CWONCers:

The CALL is in the mail to each of our 2004 members. For our new members, I will have copies for you at our April 11th CWONC meeting (or if you'd like me to mail the CALL to you, please call me at 760.747.6233 or email: LIN1326@aol.com) Laura Collins is organizing carpooling and hotel sharing. If you're interested in attending our State Convention on May 21, 2005, please let Laura know.

Love, Linda

California Junior Director

7. “Wanted”/In Case You’re Interested

* **Donated material for The Painted turtle Project and the Hospital Gowns Project. Yarn and material is needed or you can complete the various projects. See the respective Chairs to find out what’s needed.**

* **eScrip Update: Marilyn Kroeker – Our eScrip ID# is E-10696993. Be sure to use that number so that CWONC receives the credit.**

[To sign up, go to the eScrip website, www.escrip.com](http://www.escrip.com)

8. TUBFIRM – Chaired by Vivian Doering

Vivian wants you to know that your stamps do count! She has made 2 deliveries of stamps collected by CWONCers to Tubfirm this year and asks that you continue to bring your canceled stamps to the meetings! Tubfirm was originally established in 1928 to help finance research on tuberculosis and to aid children afflicted by the disease. Since this disease has been almost eradicated, the objective changed to help handicapped children/youth. TUBFIRM provides financial aid for the Society of Health and Development of Retarded Children and Youth in Norway (this is an International Project for CWONC). Please save your canceled stamps and give them to Vivian at the meetings! We have been sending the canceled stamps to:
Norwegian Seamen's Church
2454 Hyde St.
San Francisco 94109
See thank you letter at end of newsletter.

9. I Love A Clean San Diego Beach Clean Up – Chaired by Ann Lygas

The next creek to be clean up is **Saturday, April 9, 2005 from 9 a.m. to noon**, lunch with CWONCers afterwards. Mark your calendars now!! Kick off Earth Month at the 3rd Annual Creek to Bay Cleanup.
<http://www.ilacsd.org/special/c2b/c2b05/index.html> There is still time to sign up for this fun event! We will meet at the home of Ann Lygas at 9 a.m. and carpool from there to South Carlsbad State Beach. Lunch at Coyote Café (in Carlsbad) after, for those who are interested.

Sign-ups so far:

Margo Scarpelli
Stephanie Nunez
Bina Kozak
Linda Bridges
Laura White
Marsha Lyon
Ann Lygas
Laura McPhee

Melanie Noble
Sandra Teeters
Barb Lyttleton

10. Donations – Marsha Lyon

If you know of an individual or company that may be a potential sponsor or give an in-kind donation, please contact them to ask for a donation. A copy of the donation letter is attached at the end of this newsletter. If you are not comfortable with making the contact directly, pass the information on to Sheryl or me. We will be happy to make the contacts!

11. Sunburst Camp – Chaired by Vivian Doering

Sunburst Camp provides an opportunity for children with AIDS to have a camping experience. These children are in need of clean towels and sheets. These linens do not have to be brand new. The children also need to have clean stuffed animals to love and cuddle. Anyone who has these items to donate, just call Vivian at 760-489-9483 and she will deliver them to Sunburst. Cash donations are also very welcome. One child who received a stuffed animal last year brought that same animal back to camp this year, loved and cherished.

12. San Diego County Fair- Ann Lygas

It's a Cinema Summer at the 2005 San Diego County Fair, with fun exhibits that celebrate the film and TV industry. Mark your calendar for June 10 through July 4. The Fair is closed on Mondays, except for the final day, July 4. CWONCers clerk at the Student Showcase for the judges as they decide who the winners are for the various entries. **Clerking: Monday, May 30, 2005 from 8:30 am to 3:00 pm; Saturday, June 4, 2005 from 8:30 am to 2:00 pm AND Saturday, June 11 from 8:30 am to 12:30 pm.** CWONC also does the Blue Ribbon judging of the paid workers at the Fair and this is done any day the Fair is open except on June 10 or July 4. The Fair is closed on Mondays.

In exchange, CWONC earns minimum wage (\$6.75/hour) plus free tickets to get into the Fair for both the Blue Ribbon judging and the clerking at Student Showcase! We need **ALL CWONCers** to work this event. It's one of our main money makers!!

Signed up for clerking at Student Showcase on June 4, 2005:

Linda Bridges
Laura Collins
Bina Kozak
Ann & Ned Lygas
Esther Chin
Phyllis Smith
Melanie Noble
Sandy & Bill Schramm + Rick and Debbie

***We need 15 – 20 workers for June 4th, so please check your calendars and let me know if you can work.** You can bring your friends, spouses, co-workers, neighbors, etc., as long as they are over age 18!!

Signed up for Blue Ribbon:

6/25: Ann & Ned Lygas
6/29: Pat, Melissa, and Dean Eberle + Jasmine Quigley

***We need more Blue Ribbon workers. You can do this any time while the Fair is open except the first and last days. In return, you get free admission into the Fair. Again, your friends, spouses, co-workers, neighbors, etc. can work the Blue Ribbon as long as they are over age 18.**

13. Guest Speakers/Future Projects – Laura Collins

Our club is interested in serving the members and the community through guest speakers and activities. If you have suggestions for either speakers or projects contact Laura C. Be prepared with a description of the speaker/project, any budgetary needs and a plan of action. The information will be discussed by the officers and if club is in a position to participate, the

suggestion will be brought before the membership for a vote.

MARCH MEETING MINUTES

The Board of Directors met on March 10, 2005. Items discussed were club T-shirts, stationery, business cards, meeting etiquette, handling of motions, and reviewing the newsletter prior to meeting.

Vivian Doering passed out flyers regarding the Escondido Women's Club Special Viejas Casino Day Trip on Tuesday, April 12, 2005 from 9 am to 3 pm, Cost is \$10.00/person. Contact Mary at 760-480-8280, if interested in attending.

Motions:

A motion was passed to support as a project the Sunburst Camp, a camp for children with HIV and AIDS.

A motion was passed for CWONC to spend \$130.00 to cover the cost of the set-up and design fee on club T-shirts.

A motion was passed to donate a basket worth \$20.00 and 2 tickets to the Mother's Day Tea to the San Diego Conty Sheriff's Domestic Violence Unit Charity Golf Tournament.

A motion was passed to contribute to the the Marine Mom project by donating items not to exceed \$100.00.

NEW BUSINESS

APRIL 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9 I LOVE A CLEAN SAN DIEGO BEACH CLEANUP
10	11 CWONC MTHLY MTG-Wood House	12	13	14	15	16 POKER NIGHT @ Laura White's home
17	18	19	20	21	22	23
24	25	26	27	28	29	30

It's Collectable

- Pennies for Pines - Marilyn
- Dimes for Babies - Marilyn
- Coins for Conservation - Marilyn
- Cancelled Stamps for Tubfirm – Vivian
- Major Market Receipts – Marilyn
(CWONC Women's Club)
- Pull Tabs for Ronald McDonald House –
Linda B.
- Dollars for the Happy Dollar Jar - Marilyn

**REMEMBER TO COLLECT AND BRING YOUR
LOOSE CHANGE TO EACH MEETING!!
AND PULL TABS FOR RONALD McDONALD
HOUSE, MAJOR MARKET RECEIPTS, AND
CANCELED STAMPS FOR TUBFIRM.....**

Calendar of Events - Agenda MARCH 2005

Ways/Means

1. Scrip Orders

Dean

1. Keep track of your volunteer hours

Service Projects

1. Mother's Day Tea
2. The Painted Turtle Camp
3. Hospital Gowns for Hospice
4. Night of Spirits
5. Fresh Start
6. Breakfast with Santa
7. Casa de Amparo Xmas Party
8. San Diego County Fair
9. I Love A Clean San Diego

Membership

1. Poker Night, April 16, 2005
2. Dates for Glen Ivy Spa

Birthdays

1. *Laura McPhee-April 25*
2. *Ann Lygas & Sandra Teeters-April 27*



SCRIP THAT CAN BE ORDERED IS IN THE 2005 YEARBOOK-PLEASE LET LINDA BRIDGES KNOW WHAT SCRIP TO ORDER. LINDA WILL ONLY BE ORDERING ONCE/MONTH!!

SCRIP ON HAND:

Vendor	Denomination	\$ On hand
Applebees	\$ 20.00	40.00
Barnes and Noble	\$ 10.00	10.00
Burger King	\$ 5.00	20.00
Carls Junior	\$ 5.00	20.00
Casual Corner	\$ 25.00	25.00
Chilis/Macaroni Grill	\$ 10.00	80.00
Cocos	\$ 10.00	60.00
Carrows	\$ 10.00	20.00
Darden/ Olive Garden	\$ 10.00	30.00
Home Depot	\$ 50.00	200.00
KFC	5.00 \$	
Regal Cinemas	\$ 7.00	49.00
Regal Cinemas-package	\$ 24.00	24.00
Sears	\$ 25.00	50.00
Shell	\$ 25.00	50.00
Souplantation	10.00 \$	
Starbucks	\$ 25.00	25.00
Wendys	\$ 10.00	40.00
Total		
Smart and Final-Tea		150.00
Totals		893.00

CWONC
TREASURER'S REPORT
March 1-15, 2005

INCOME:

Dues-Members	\$405.00
Major Market	\$20.58
Carnival of Cultures	\$450.00
Scrip	\$595.00

Total Income: \$1,470.58

EXPENSES:

Member Booklets (25)	\$96.13
Name Tags	\$63.00

Total Expenses (159.13)

Net Income \$1,311.45

Checkbook Balance	\$9,013.01
Scrip on hand	\$ 893.00
Dues to State	(\$261.00) (to date: collected dues from 18 members)
Bonding	(\$40.00)
State Procedure Books (\$24.00) (3 books)	
Total Assets	\$9,581.01

\$300.00 Smart and Final Scrip on hand for Carnival of Cultures

MEMBER OF GENERAL FEDERATION

OF WOMEN'S CLUBS

P.O. Box 359
San Marcos, CA 92079

For more information
www.cwonc.org

“Today’s Volunteer”

Your Community Needs You!

***GFWC Contemporary
Women of North County***