

# GFWC Contemporary Women of North County

NOVEMBER 2005

## *Board of Directors*

### President

Laura McPhee 744.5534

### Dean

Laura Collins 942.3743

### Federation/Membership

Laura White 945.8699

### Ways & Means/Donations

Marsha Lyon 741.0122

### Secretary

Marilyn Kroeker 471.6396

### Treasurer

Linda Bridges 747.6233

### Newsletter/Sunshine

Ann Lygas 599.9119

### Publicity Chair

Sandy Schramm 741.9114

## FROM THE PREZ

**WELCOME, WELCOME**, to our new members Barbara, Kathy, and Beryl, and we have to welcome Julie's baby boy named Ryan.

**Congratulations!** It's that time of year where we start thinking about filling our CWONC office positions for 2006. I hope everyone will consider a position they might be interested in. Look for more information in this Newsletter and in your Member Books and we'll be discussing it at our November meeting.

We have our Christmas Party scheduled for Monday December 12<sup>th</sup> and Esther has volunteered her home for our party, which is really great. We will also discuss that at our November meeting along with assembling items for the Breakfast with Santa event. Hope to see everyone at our November 14<sup>th</sup> meeting!

*Laura M.*

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## GENERAL MEETING INFORMATION

Our General Business meeting is held the second Monday of each month, with social time starting at 6:00 PM and the meeting starting at 6:30 PM at The Wood House at Woodland Park in San Marcos. Be sure to call first to confirm the meeting location, since meetings are occasionally held at member's homes.

### **Directions to The Historic Wood House:**

Take 78 to Woodland Parkway/Barham Drive. Circle around to Woodland Parkway. Head North on Woodland Parkway. At Rock Springs Road make a right turn. Look immediately to left for the driveway next to Woodland Park Middle School. Turn left onto the lane and follow up to the top making a right at the pepper tree. Follow road around to entrance gate to the gardens

**JUST SO YOU KNOW** Give your favorite recipes to Laura McPhee. We're assembling a small cookbook. Laura needs 50 more recipes to complete the cookbook so please get those recipes into Laura.

❖ **Monthly meetings now begin at 6:30 pm!**

**October 11, 2005 Meeting Attendance:** Laura McPhee, Linda Bridges, Sheryl Frost, Laura Collins, Barbara Lyttleton, Marilyn Kroeker, Ann Lygas, Marsha Lyon, Phyllis Smith, Sandy Schramm, Marie Nash, Kathleen King, Kathy Boatright. **Guests:** Maryruth Soncrant, Hazel MacLeod, Diane Aratani, Claudia Jean, Debbie Tico, Zaharah Ashad.

# Federation

## Club Business

### 1. Membership Committee

Chaired by: Laura White

#### FEDERATION EVENTS

Planned fun events:

**Nov. 4-5 – Julian Retreat at the Angel Resort,** [www.angelresort.com](http://www.angelresort.com). The Resort is full but if interested in visiting for the day on Saturday, contact Sandra Teters, [SandraJ@cox.net](mailto:SandraJ@cox.net) or 760-471-8848. Sign ups:

Linda Bridges  
Laura White  
Ann Lygas  
Sandra Teters  
Sandra's friend Pam + 3  
Laura Collins  
Paula Zimmerman  
Dyanna Smith  
Martha from Mira Mesa  
Barb Lyttleton  
Esther Chin  
Bina Kozak  
Marilyn Kroeker

**Nov. 12 – Orfila Winery Tour – Unfortunately there were not enough participants to take the tour, so we will try to re-schedule next year.**

Give Laura White your ideas for fun activities!

### 2. The Painted Turtle Camp

Chaired by: Donna Jenkins

*Hi CWONCERS! I am in need of a lot of help from volunteers willing to knit/crochet afghans and lap quilts. I'm back in school and unable to*

*crochet due to my new time commitments. If you know people who enjoy crocheting and would like to help us by donating these items, please pass this information on to them. They do not need to be a CWONC member to make these donations! Donna*

The Painted Turtle Camp, Paul Newman's newest, multi-disease, medical specialty summer camp for children with chronic and life-threatening illnesses, opened on May 22, 2004. The first campers arrived on June 22, 2004 and it was a tremendous success! They had over 400 little campers. Many thanks were expressed to all volunteers and those who have contributed time, money, and donations in kind to make the children's experience so wonderful.

The camp's mission is to enrich the lives of children with chronic and life-threatening illnesses by creating camping experiences that are memorable, fun, empowering, physically safe, and medically sound. And now, one idea floating around is to have a "year-round" camp. Donna will keep us posted as to any new developments in this regard.

You can help by making any of the project items listed below, donating material, or making a monetary donation.

The Painted Turtle Project comprises:

- a. Small Afghans
- b. Lap Quilts

Following are the dimensions for the Afghans and Lap Quilts:

**Small Afghans** - They can be knitted or crocheted. The size of the afghan should be 35-40 inches wide by 45-50 inches long. (No specific pattern – you select something that would

be nice and colorful for a child.) *Please make sure that these afghans are machine washable.*

**Lap Quilts** - Patchwork quilts should be cheerful and with bright colors in order to inspire warmth, friendship and creative imaginations. (The size of the lap quilts should be the same size as for the small afghans.) *Please make sure that these quilts are machine washable and are not too heavy or too warm.-*

NOTE: If the camp starts operating year round, the need for small afghans and lap quilts will probably quadruple. Currently they need 1000 of each for the summer camp.

Donna is in need of donated yarn as well as small afghans and/or lap quilts; however, there is a greater need for volunteers willing to create these items. If you cannot bring the items to the meeting or have questions, please contact Donna Jenkins at (760) 754-9918 or [jenkins\\_cwonc@yahoo.com](mailto:jenkins_cwonc@yahoo.com) to make arrangements for pickup. If you are interested in learning how to crochet, please let Donna know and another class can be scheduled.

### 3. Hospital Gowns for Hospice

Chaired by: Laura McPhee

If you have cotton material to donate contact Laura McPhee at [seanair@earthlink.net](mailto:seanair@earthlink.net).

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### 4. Fresh Start – Chaired by Laura Collins

Another surgical weekend for Fresh Start Surgical Gifts was held on Sept. 24 and 25. Thirty children were scheduled for surgery and another eighty were seen for various dental procedures. CWONC donated thirty gift bags. Thank you club members for assisting in the stocking of the bags. Fresh Start has another surgery in December, however we will not be donating for that weekend. We will resume our donations in January 2006. Kudos to all who have donated items for the bags. The center is always excited when they see the brightly colored bags coming down the hall way.

Fresh Start Surgical Gifts is a local program that provides reconstructive surgery to children, teens and young adults. Surgeries and treatment are performed by volunteer surgeons, dentists, and medical and dental health care workers.

When collecting items for the Fresh Start project, please remember that the items should be new or in pristine condition. Most of the surgical patients are

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children to young teens. Donations of toiletries are still welcomed; however, items such as new small stuffed animals (beany baby size), note pads, note cards, children's books or coloring books are also appreciated.

### 4. Casa de Amparo Christmas Party Sunday December 11 - 10am to 1pm

Casa de Amparo is an organization that provides shelter for abused, neglected, and abandoned children. This is the third year we will provide a party with a decorated tree, cookies to decorate, crafts to perform, gifts, and a special visit from Santa. We have the opportunity to make a special day for these children who have been removed from their homes. Laura McPhee is the contact for information.

### 5. District/State News – Linda Bridges

2/18 – 2/23, 2005: GFWC Junior Cruise

### 6. “Wanted”/In Case You’re Interested

\* **Donated material for The Painted turtle Project and the Hospital Gowns Project. Yarn and material is needed or you can complete the various projects. See the respective Chairs to find out what’s needed.**

\* **eScrip Update: Marilyn Kroeker – Our eScrip ID# is 10696993. Be sure to use that number so that CWONC receives the credit. To sign up, go to the eScrip website, [www.escrip.com](http://www.escrip.com) Please register your grocery cards that you use at Vons, Major Market and/or Safeway.**

### 7. TUBFIRM – Chaired by Vivian Doering

Vivian wants you to know that your stamps do count! She has made 2 deliveries of stamps collected by CWONCers to Tubfirm this year and asks that you continue to bring your canceled stamps to the meetings! Tubfirm was originally established in 1928 to help finance research on tuberculosis and to aid children afflicted by the disease. Since this disease has been almost eradicated, the objective changed to help handicapped children/youth. TUBFIRM

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provides financial aid for the Society of Health and Development of Retarded Children and Youth in Norway (this is an International Project for CWONC). **Please save your canceled stamps and give them to Vivian at the meetings!** We have been sending the canceled stamps to:

Norwegian Seamen's Church  
2454 Hyde St.  
San Francisco 94109  
See thank you letter at end of newsletter.

## 8. Donations – Marsha Lyon

If you know of an individual or company that may be a potential sponsor or give an in-kind donation, please contact them to ask for a donation. A copy of the donation letter is attached at the end of this newsletter. If you are not comfortable with making the contact directly, pass the information on to Sheryl or me. We will be happy to make the contacts!

## 9. Sunburst Camp – Chaired by Vivian Doering

Sunburst Camp provides an opportunity for children with AIDS to have a camping experience. **These children are in need of clean towels and sheets.** These linens do not have to be brand new. The children also need to have clean stuffed animals to love and cuddle. Anyone who has these items to donate, just call Vivian at 760-489-9483 and she will deliver them to Sunburst. Cash donations are also very welcome. One child who received a stuffed animal last year brought that same animal back to camp this year, loved and cherished.

## 10. Haunting Melody Murder Mystery Event – Laura Collins

The event went well and Laura will give us a report at the November meeting.

## 11. Guest Speakers/Future Projects – Laura Collins

Our club is interested in serving the members and the community through guest speakers and activities. If you have suggestions for either speakers or projects contact Laura C. Be prepared

with a description of the speaker/project, any budgetary needs and a plan of action. The information will be discussed by the officers and if club is in a position to participate, the suggestion will be brought before the membership for a vote.

## 12. Breakfast with Santa – Linda Bridges

**Our most fun fundraiser will be held on December 4, 2005 at the City of San Marcos Community Center. This is a great project where we feed families and children a pancake breakfast which we prepare and serve, and the children get to visit with Santa! It's lots of fun and we need ALL members to work this event! Please sign up with Linda at the November meeting or call her if you won't be at the meeting.**

## 13. 5. It's That Time Again.....

If anyone is interested in running for a Club office, please let Laura McPhee know. The slate will be presented at the December meeting, and voting will occur at the January meeting.

Installation is in February! Our bylaws state that the President must be a member for 3 years, the Dean must be a member for 2 years, and there are no time limits on our other offices. In a lot of cases we only have one person that has volunteered for an Office, so they will fill that spot. Take a look at the descriptions of each office in your member book and we'd love to see you participate. There really isn't that much to it. We will discuss this in more detail during our November meeting.

Nominees for Offices:

- President (agendas, running the meetings, represents club in community)
- Dean (2nd in command, takes over for Prez when she's gone, reporting statistics, community service project contact)
- Federation (fun things we do, liaison between club and District activities, membership)
- Ways & Means (Donations for fundraisers)
- Treasurer (keeps books, prepares reports, handles taxes, handles Scrip)
- Secretary (keeps minutes in a timely manner)

- Press Chairman (takes pictures, advertises meetings & events)
- Newsletter/Sunshine (prepares Newsletter each month, forwards cards to members)

## **OCTOBER MEETING MINUTES**

### Motions:

A motion passed to donate \$100.00 to the Oceanside High School Choir

Laura McPhee will let us know when we will have The the Christmas Party for the children at Casa de Amparo in Oceanside. It is tentatively is scheduled for December 10<sup>th</sup> or 11<sup>th</sup>, 2005.

Our annual Christmas Party for CWONC will be held on December 11, 2005 at the Wood House and will be a potluck. Sign up at the November meeting!

GTTrends tabled until the November meeting.

New members, Barb Lyttleton and Kathy Boatright were initiated. Congratulations and welcome!!

## NOVEMBER 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5 <b>Julian Retreat</b>
6	7	8	9	10	11	12
13	14 <b>CWONC MTHLY MTG</b>	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

### It's Collectable-Bring your loose change, ladies!!

- Pennies for Pines** - Marilyn
- Dimes for Babies** - Marilyn
- Coins for Conservation** - Marilyn
- Cancelled Stamps for Tubfirm** – Vivian
- Major Market Receipts** – Marilyn
- Pull Tabs for Ronald McDonald House** – Linda B.
- Dollars for the Happy Dollar Jar** - Marilyn
- Bed linens for Sunburst Camp** - Vivian
- Afghans/lap quilts for Painted Turtle Camp** - Donna
- Toiletries for Fresh Start** – Laura Collins

# Calendar of Events - Agenda NOVEMBER 2005

## Ways/Means

1. Scrip Orders

## Dean

1. Keep track of your volunteer hours

## Service Projects

1. Mother's Day Tea
2. The Painted Turtle Camp
3. Hospital Gowns for Hospice
4. Fresh Start
5. San Diego County Fair
6. Sunburst Camp
7. Breakfast with Santa



## Membership

1. Julian Retreat – November 5,6,7, 2005
2. Congratulations to Julie & Kristin Dartt on the birth of their new baby!!!!

## Birthdays

Marie Nash Nov. 14

Laura Collins Nov. 19

New Members: Please let me know your birthday, Month and Day, thanks!

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**PLEASE LET LINDA BRIDGES KNOW WHAT SCRIP TO ORDER. LINDA WILL ONLY BE ORDERING ONCE/MONTH!!**

## Contemporary Women of North County Treasurer's Report Sept 21, 2005-October 18, 2005

Did you know?

As of October 2005, CWONC has 24 members.

Did you know?

Breakfast with Santa is our next big fund raiser on Sunday, December 4<sup>th</sup>.

We use Smart and Final Scrip to purchase food and supplies. In the past, we have received donations of eggs, Starbuck's Coffee, opportunity basket items and any donations are very much appreciated.

Did you know?

We donate over 51% of our annual income. Our year starts Feb1st. So far this year, we have raised over \$2,500 (Mother's Day Tea \$2,011, 4<sup>th</sup> of July Booth \$182 and Carnival of Cultures \$366 plus others) and have donated \$1,954 back to the community.

Did you know?

Major Market donates a percentage of the amount you purchase from Major Market.

### INCOME:

Breakfast with Santa	(300.0)	Scrip for Food/Supplies	
Major Market		\$10.24	
Scrip		<u>(1,193.75)</u>	
Total Income			<b>(1,483.51)</b>

### EXPENSES:

Website hosting (3 months)	(32.85)
Escondido Humane Society Donation	(100.00)
Aid to Homeless Man (medical)	(100.00)

Aid to Vista Family- for Katrina Hurricane	(100.00)	
Oceanside High School Choir Donation	(100.00)	
<b>Total Expenses</b>		<b>(432.85)</b>
<b>Club Assets:</b>		
Cash in Bank		\$5,412.70
Cash to Deposit		\$286.00
Smart and Final (for Breakfast with Santa)	\$479.06	
Scrip on hand (and Nov order)	\$3, 146.20	

## TOTAL CLUB ASSETS

**October 18, 2005**

**\$9,313.96**

Scrip On Hand & November Order: (Scrip Pre-Sold \$775.00)

Product Name	Qty	Face Value
Applebees \$20	1	20
Arby's \$5	6	30
Barnes & Noble/B.Dalton \$10	5	\$50.00
Barnes & Noble/B Dalton \$25	1	25
Bath & Body Works \$10	5	\$50.00
Baskin/Robbins \$2	11	22
Bed, Bath and Beyond \$25	1	25
Best Buy \$25	1	25
Blockbuster \$10 (\$30 Sold)	10	\$100.00
Boston Market % 10	2	20
Burger King \$5	5	\$25.00
Carl's Jr \$5	5	25
Carrow's \$10	3	\$30.00
Casual Corner \$25	1	25
Chilis/Macaroni Grill \$20	5	100
Coco's \$10	10	\$100.00
Home Depot \$25	8	\$200.00
Jack in the Box \$10	5	50
JCPenney \$25	5	125
JoAnn \$20	1	20
KFC \$5	6	30
Linen's and Things \$25	1	25
Long's Drug \$25	4	\$100.00
Lowe's \$25	4	100
Macy's/Federated \$25	4	\$100.00
Macy's/Federated \$100 (\$100 Sold)	1	\$100.00
Marie Callendar's \$25 (\$25 Sold)	4	\$100.00
Mrs. Fields Cookies \$5	5	25
Nordstrom	1	25
Office Depot \$25	3	\$75.00
Panera Bread \$10 (\$20 Sold)	5	\$50.00
Pier 1 \$10	8	80
RadioShack \$25	2	50
Rite Aid \$25	4	\$100.00
Red Robin \$10	3	30
Regal Movie-good anytime \$7	1	7
Sears \$100 GIFT Card (\$100 Sold)	1	\$100.00
Sears \$25 Gift Card	4	\$100.00
See's Candy \$13.60 per pound	2	27.20
Shell \$50 CA,MA,ME,NH,CT ONLY (\$100 Sold)	6	\$300.00
Smart & Final \$50	6	\$300.00
Starbuck's \$25	6	150
Stater Bros \$25 (\$100 Sold)	8	\$200.00

SweetTomatoes/Souplantation \$10	5	\$50.00
Tony Roma \$20	1	20
Toy's R US \$20	3	60
Wendy's \$10	9	90
<b>Total Face Value:</b>		<b>\$3,146.20</b>

MEMBER OF GENERAL FEDERATION  
OF WOMEN'S CLUBS

P.O. Box 359  
San Marcos, CA 92079

For more information  
[www.cwonc.org](http://www.cwonc.org)

**“Today’s Volunteer”**

*Your Community Needs You!*

***GFWC Contemporary  
Women of North County***