

# GFWC Contemporary Women of North County

DECEMBER 2005

## *Board of Directors*

### President

Laura McPhee 744.5534

### Dean

Laura Collins 942.3743

### Federation/Membership

Laura White 945.8699

### Ways & Means/Donations

Marsha Lyon 741.0122

### Secretary

Marilyn Kroeker 471.6396

### Treasurer

Linda Bridges 747.6233

### Newsletter/Sunshine

Ann Lygas 599.9119

### Publicity Chair

Sandy Schramm 741.9114

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## FROM THE PREZ

As the 2005 year comes to an end, I would like to thank everyone for their many contributions, wonderful spirit, and friendship. I've mentioned before, but I feel so blessed and honored to be able to work together with such kind and generous ladies. We have accomplished so much and we should all be very proud. As we look forward, it's time to start looking at our 2006 Officers. We will present those members interested in filling the Board positions at our December party, and then vote in January. So far we have the following members interested: President - Laura Collins, Federation - Ann Lygas & Sandra Teters, Membership - Laura White, Treasurer - Linda Bridges, Secretary - Marilyn Kroeker. We haven't had anyone submit for Dean, Ways & Means, Publicity, Newsletter, and the Sunshine positions. If you are interested in any of these positions, please let me know. They don't require a lot of time and it would be great if any of our newer members might be interested in trying one out.

Again thank you for a great 2005, and we'll see you at our Christmas Party on December 12th. Wishing you and your families the happiest of holidays!  
Laura M.

## GENERAL MEETING INFORMATION

Our General Business meeting is held the second Monday of each month, with social time starting at 6:00 PM and the meeting starting at 6:30 PM at The Wood House at Woodland Park in San Marcos. Be sure to call first to confirm the meeting location, since meetings are occasionally held at member's homes.

### **Directions to The Historic Wood House:**

Take 78 to Woodland Parkway/Barham Drive. Circle around to Woodland Parkway. Head North on Woodland Parkway. At Rock Springs Road make a right turn. Look immediately to left for the driveway next to Woodland Park Middle School. Turn left onto the lane and follow up to the top making a right at the pepper tree. Follow road around to entrance gate to the gardens

**JUST SO YOU KNOW Give your favorite recipes to Laura McPhee. We're assembling a small cookbook. Laura needs 50 more recipes to complete the cookbook so please get those recipes into Laura.**

❖ **Monthly meetings now begin at 6:30 pm!**

**November 14, 2005 Meeting Attendance:** Laura McPhee, Sheryl Frost, Laura Collins, Barbara Lyttleton, Marilyn Kroeker, Phyllis Smith, Kathy Boatright, Pat Eberle, Paula Zimmerman, Esther Chin, Laura White, Sandra Teters, Melanie Noble. **Guests:** Kaye Martin, Joyce Johnson, Jenifer Miller.

# Federation

## Club Business

### 1. Membership Committee

Chaired by: Laura White

#### FEDERATION EVENTS

**Nov. 4-5 – The Julian Retreat at the Angel Resort, [www.angelresort.com](http://www.angelresort.com)** Was a big success. Mark your calendars to attend this fun event next year, last of October/early November.

**The Orfila Winery Tour will be re-scheduled for next year.**

Give Laura White your ideas for fun activities!

### 2. The Painted Turtle Camp

Chaired by: Donna Jenkins

*Hi CWONCERS! I am in need of a lot of help from volunteers willing to knit/crochet afghans and lap quilts. I'm back in school and unable to crochet due to my new time commitments. If you know people who enjoy crocheting and would like to help us by donating these items, please pass this information on to them. They do not need to be a CWONC member to make these donations! Donna*

The Painted Turtle Camp, Paul Newman's newest, multi-disease, medical specialty summer camp for children with chronic and life-threatening illnesses, opened on May 22, 2004. The first campers arrived on June 22, 2004 and it was a tremendous success! They had over 400 little campers. Many thanks were expressed to all volunteers and those who have contributed time, money, and donations in kind to make the children's experience so wonderful.

The camp's mission is to enrich the lives of children with chronic and life-threatening illnesses by creating camping experiences that are memorable, fun, empowering, physically safe, and medically sound. And now, one idea floating around is to have a "year-round" camp. Donna will keep us posted as to any new developments in this regard.

You can help by making any of the project items listed below, donating material, or making a monetary donation.

The Painted Turtle Project comprises:

- a. Small Afghans
- b. Lap Quilts

Following are the dimensions for the Afghans and Lap Quilts:

**Small Afghans** - They can be knitted or crocheted. The size of the afghan should be 35-40 inches wide by 45-50 inches long. (No specific pattern – you select something that would be nice and colorful for a child.) ***Please make sure that these afghans are machine washable.***

**Lap Quilts** - Patchwork quilts should be cheerful and with bright colors in order to inspire warmth, friendship and creative imaginations. (The size of the lap quilts should be the same size as for the small afghans.) ***Please make sure that these quilts are machine washable and are not too heavy or too warm.***

NOTE: If the camp starts operating year round, the need for small afghans and lap quilts will probably quadruple. Currently they need 1000 of each for the summer camp.

Donna is in need of donated yarn as well as small afghans and/or lap quilts; however, there is a greater need for volunteers willing to create these items. If you cannot bring the items to the meeting or have questions, please contact

Donna Jenkins at (760) 754-9918 or [jenkins\\_cwonc@yahoo.com](mailto:jenkins_cwonc@yahoo.com) to make arrangements for pickup. If you are interested in learning how to crochet, please let Donna know and another class can be scheduled.

### 3. Hospital Gowns for Hospice

Chaired by: Laura McPhee

If you have cotton material to donate contact Laura McPhee at [seanair@earthlink.net](mailto:seanair@earthlink.net).

### 4. Fresh Start – Chaired by Laura Collins

Another surgical weekend for Fresh Start Surgical Gifts was held on Sept. 24 and 25. Thirty children were scheduled for surgery and another eighty were seen for various dental procedures. CWONC donated thirty gift bags. Thank you club members for assisting in the stocking of the bags. Fresh Start has another surgery in December, however we will not be donating for that weekend. We will resume our donations in January 2006. Kudos to all who have donated items for the bags. The center is always excited when they see the brightly colored bags coming down the hall way.

Fresh Start Surgical Gifts is a local program that provides reconstructive surgery to children, teens and young adults. Surgeries and treatment are performed by volunteer surgeons, dentists, and medical and dental health care workers.

When collecting items for the Fresh Start project, please remember that the items should be new or in pristine condition. Most of the surgical patients are children to young teens. Donations of toiletries are still welcomed; however, items such as new small stuffed animals (beany baby size), note pads, note cards, children's books or coloring books are also appreciated.

### 4. Casa de Amparo Christmas Party Sunday December 11 – 9:30 am to noon – Laura McPhee

Casa de Amparo is an organization that provides shelter for abused, neglected, and abandoned children. This is the third year we will provide a party with a decorated tree, cookies to decorate, crafts to perform, gifts, and a special visit from Santa. We have the opportunity to make a special day for these children who have been removed from their

homes. Laura McPhee is the contact for information, [seanair@sbcglobal.net](mailto:seanair@sbcglobal.net).

### 5. District/State News – Linda Bridges

2/18 – 2/23, 2005: GFWC Junior Cruise

### 6. “Wanted”/In Case You’re Interested

\* **Donated material for The Painted turtle Project and the Hospital Gowns Project.**

**Yarn and material is needed or you can complete the various projects. See the respective Chairs to find out what’s needed.**

\* **eScrip Update: Marilyn Kroeker – Our eScrip ID# is 10696993. Be sure to use that number so that CWONC receives the credit. To sign up, go to the eScrip website, [www.escrip.com](http://www.escrip.com) Please register your grocery cards that you use at Vons, Major Market and/or Safeway.**

### 7. TUBFIRM – Chaired by Vivian Doering

Vivian wants you to know that your stamps do count! She has made 2 deliveries of stamps collected by CWONCers to Tubfirm this year and asks that you continue to bring your canceled stamps to the meetings! Tubfirm was originally established in 1928 to help finance research on tuberculosis and to aid children afflicted by the disease. Since this disease has been almost eradicated, the objective changed to help handicapped children/youth. TUBFIRM provides financial aid for the Society of Health and Development of Retarded Children and Youth in Norway (this is an International Project for CWONC). **Please save your canceled stamps and give them to Vivian at the meetings!** We have been sending the canceled stamps to:

Norwegian Seamen's Church  
2454 Hyde St.  
San Francisco 94109

See thank you letter at end of newsletter.

### 8. Donations – Marsha Lyon

If you know of an individual or company that may be a potential sponsor or give an in-kind

donation, please contact them to ask for a donation. A copy of the donation letter is attached at the end of this newsletter. If you are not comfortable with making the contact directly, pass the information on to Sheryl or me. We will be happy to make the contacts!

### **9. Sunburst Camp – Chaired by Vivian Doering**

Sunburst Camp provides an opportunity for children with AIDS to have a camping experience. **These children are in need of clean towels and sheets.** These linens do not have to be brand new. The children also need to have clean stuffed animals to love and cuddle. Anyone who has these items to donate, just call Vivian at 760-489-9483 and she will deliver them to Sunburst. Cash donations are also very welcome. One child who received a stuffed animal last year brought that same animal back to camp this year, loved and cherished.

### **10. Haunting Melody Murder Mystery Event – Laura Collins**

The event went well. CWONC made a little over \$700.00.

### **11. Guest Speakers/Future Projects – Laura Collins**

Our club is interested in serving the members and the community through guest speakers and activities. If you have suggestions for either speakers or projects contact Laura C. Be prepared with a description of the speaker/project, any budgetary needs and a plan of action. The information will be discussed by the officers and if club is in a position to participate, the suggestion will be brought before the membership for a vote.

### **12. Breakfast with Santa – Linda Bridges**

**Our most fun fundraiser will be held on December 4, 2005 at the City of San Marcos Community Center. This is a great project where we feed families and children a pancake breakfast which we prepare and serve, and the children get to visit with Santa! It's lots of**

**fun and we need ALL members to work this event! Please call Linda at 760-738-4227 or 760-310-7861 to volunteer.**

### **13. It's That Time Again.....**

If anyone is interested in running for a Club office, please let Laura McPhee know. The slate will be presented at the December meeting, and voting will occur at the January meeting.

Installation is in February! Our bylaws state that the President must be a member for 3 years, the Dean must be a member for 2 years, and there are no time limits on our other offices. In a lot of cases we only have one person that has volunteered for an Office, so they will fill that spot. Take a look at the descriptions of each office in your member book and we'd love to see you participate. There really isn't that much to it. We will discuss this in more detail during our November meeting.

Nominees for Offices:

- President (agendas, running the meetings, represents club in community)
- Dean (2nd in command, takes over for Prez when she's gone, reporting statistics, community service project contact)
- Federation (fun things we do, liaison between club and District activities, membership)
- Ways & Means (Donations for fundraisers)
- Treasurer (keeps books, prepares reports, handles taxes, handles Scrip)
- Secretary (keeps minutes in a timely manner)
- Press Chairman (takes pictures, advertises meetings & events)
- Newsletter/Sunshine (prepares Newsletter each month, forwards cards to members)

### **NOVEMBER MEETING MINUTES**

Motions:

A motion passed to donate \$100.00 to Cause for Paws.

A motion passed to donate \$250 through Adopt a Family to a family in Fallbrook. This mother and five children have been impacted by domestic violence and are trying to rebuild their lives.

A motion passed to donate \$250 to send supplies to the troops through Operation Independence. The amount will be split between Operation Independence and Sew Much Comfort.

A motion passed to give \$50.00 to the hurricane victim family living in Vista.

A motion passed to do another dinner theater with the Escondido Women's Club and Patio Playhouse, possibly a musical of Broadway love songs.

Linda Bridges explained our change in status as we become part of the General Federation and California Federation of Womens Clubs. We will keep our CWONC name and continue to focus on children's issues.

The Christmas Party/December meeting will be held at Esther Chin's home on December 12, 2005. It's a potluck and a white elephant gift exchange.

## DECEMBER 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 <b>BREAKFAST WITH SANTA</b>	5	6	7	8	9	10
11 <b>CASA de AMPARO</b>	12 <b>CWONC CHRISTMAS PARTY</b>	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### It's Collectable-Bring your loose change, ladies!!

- Pennies for Pines** - Marilyn
- Dimes for Babies** - Marilyn
- Coins for Conservation** - Marilyn
- Cancelled Stamps for Tubfirm** – Vivian
- Major Market Receipts** – Marilyn
- Pull Tabs for Ronald McDonald House** – Linda B.
- Dollars for the Happy Dollar Jar** - Marilyn
- Bed linens for Sunburst Camp** - Vivian
- Afghans/lap quilts for Painted Turtle Camp** - Donna
- Toiletries for Fresh Start** – Laura Collins

# Calendar of Events - Agenda DECEMBER 2005

## Ways/Means

1. Scrip Orders

## Dean

1. Keep track of your volunteer hours

## Service Projects

1. Mother's Day Tea
2. The Painted Turtle Camp
3. Hospital Gowns for Hospice
4. Fresh Start
5. San Diego County Fair
6. Sunburst Camp
7. Breakfast with Santa



## Membership

### Birthdays

*Melanie Noble Dec. .30*

*Vivian Doering Dec. 31*

*New Members: Please let me know your birthday, Month and Day, thanks!*

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**PLEASE LET LINDA BRIDGES KNOW WHAT SCRIP TO ORDER. LINDA WILL ONLY BE ORDERING ONCE/MONTH!!**

## Contemporary Women of North County Treasurer's Report October 19, 2005-Nov. 22, 2005

### Did you know?

Last December, CWONC members decided to start a voluntary tradition of donating to our CASA holiday party in lieu of exchanging Christmas gifts between members at our CWONC holiday party.

### Did you know?

Our first Dinner Theater experience with the Woman's Club of Escondido and Patio Playhouse was quite a success. We split the proceeds three ways and CWONC netted \$718.43. We voted at the November meeting to try it again and will hold a musical dinner theater (*Love is in the Air*) in early 2006.

### Did you know?

Our club year end is January 31, 2006 and we will be collecting Dues at our January meeting. Dues are \$45.00 per year. You can make your check payable to: CWONC.

### Did you know?

We will be voting on our Proposed 2006-2007 Budget at the January 2006 meeting. If you would like to suggest a project (with budget amount), please let Linda know and it will be included in the proposed budget- to be printed in the January 2006 newsletter for our vote in January.

### INCOME:

Breakfast with Santa	(231.39)	Film, crayons, new Santa Wig/Beard
CASA de Amparo	79.15	(donations for CD players, less Stocking Stuffers purchased)
Katrina Hurricane	56.72	
Night of Spirits-Murder Mystery Dinner	718.43	
Scrip	113.05	
Total Income		<b>\$735.96</b>

### EXPENSES:

Member Booklets	(8.33)
Membership Drive 2005	(48.23)

Total Expenses	(56.56)
Club Assets:	
Cash in Bank	\$7,958.75
Scrip Sales to collect	\$221.00
Scrip on hand (and December order)	\$3,019.60

**TOTAL CLUB ASSETS**

**November 22, 2005**

**\$11,199.35**

Scrip On Hand		
Product Name	Qty	Face Value
Arbys \$5	3	15
Bath & Body Works \$10	5	50
Blockbuster \$10	7	70
Burger King \$5	1	5
Bed, Bath and Beyond \$25	1	25
Boston Market \$10	2	20
Baskin and Robbins \$2	12	24
Carl's Jr \$5	1	5
Casual Corner \$25	1	25
Cocos \$10	8	80
Home Depot \$25	4	100
Jack in the Box \$10	5	50
JCPenney \$25	1	25
KFC \$5	8	40
Long's Drug \$25	4	100
Marie Callendar's \$25	3	75
Nordstrom \$25	1	25
Mrs. Fields \$5	5	25
Office Depot \$25	1	25
RadioShack \$25	2	50
Rite Aid \$25	3	75
Pier 1 \$10	8	80
Red Robin \$10	3	30
Regal Movie \$7	1	7
Shell \$50	1	50
See's Candy \$13.60	1	13.60
Starbuck's \$25	4	100
Toy's R US \$20	1	20
Wendy's \$10	7	70

**Total Face Value:**

Scrip Order November 22, 2005

Product Name

Qty

Face Value

Applebee's \$20

3

\$60.00

Banana Republic \$25

2

\$50.00

Barnes & Noble/B.Dalton \$10

5

8

\$50.00

Best Buy \$25

3

\$75.00

Burger King \$5

5

\$25.00

Carl's Jr \$5

5

\$25.00

Chili's \$20

5

\$100.00

Claim Jumper \$25

2

\$50.00

Honey Baked Ham \$10

4

\$40.00

Lowe's \$25 Gift Card

4

\$100.00

Outback/Carrabas \$25 Card

2

\$50.00

Panera Bread \$10

5

\$50.00

Quizno's \$5

5

\$25.00

Regal Ent (UA Theaters) \$10

5

\$50.00

Shell \$50 CA,MA,ME,NH,CT ONLY

4

\$200.00

Staples \$25 Gift Card

4

\$100.00

Stater Bros \$25

12

\$300.00

SweetTomatoes/Souplantation \$10

5

9

\$50.00

Tony Roma's \$20

2

\$40.00

Toys R Us/Babies R Us \$20

15

\$300.00

Total Face Value:

\$1,740.00

MEMBER OF GENERAL FEDERATION  
OF WOMEN'S CLUBS

P.O. Box 359  
San Marcos, CA 92079

For more information  
[www.cwonc.org](http://www.cwonc.org)

**“Today’s Volunteer”**

*Your Community Needs You!*

***GFWC Contemporary  
Women of North County***