



GFWC Contemporary Women Of North County

May 2008

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"CWONC Honors Our Military"

From Our CWONC President

Dear Sister CWONC'er's,

Thank you to everyone who pitched in at our "hands on project" at the April meeting. We wrapped silverware and a few of us put our craft skills to work and made patriotic amenities for our upcoming Mother's Day Tea.

A few of us will be attending the Palomar District Convention on April 26 and Laura C and I will be attending the State Convention (GFWC California Federation of Women's Clubs) in Irvine, May 1-4. The goal of each event is to give us the opportunity to celebrate accomplishments for the past year and to network with other clubs. We share new project ideas and new ways to do revitalize a favorite project that has perhaps "slipped from favor" amongst our members.

This month is also looking like a fun and very rewarding chance to help our community. We'll all be "out and about"....

- raising funds to find a cure for MS
- making a "clean sweep" at a local beach for "I Love a Clean San Diego"
- working the auction tables at "Chef's of Del Mar" to raise funds for a favorite project or ours...CASA de Amparo...and of course...our major fund raiser for the year...
- we'll be serving tea and crumpets at our annual. Mother's Day Tea

Thanks bunches and see you in May....

Linda

Inside this issue:

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Mark Your Calendar for These Events

and get more information in the Newsletter

- May 10th - Mother's Day Tea - CWONC fundraiser
- May 12th - Monthly Meeting
- May 22nd - "Taste of Humanity" fundraiser for Women to Women
- May 31st - "Barnstorming BBQ" fundraiser for Angel's Depot
- June 7th - SD Fair Clerking - CWONC fundraiser
- June 21st - Barnes & Noble Book Fair
- July 19th - Cooking Class for Casa de Amparo teens

Club Business

April Minutes

President, Linda Bridges, called the meeting to order at 7:00pm. From approximately 6:00pm to 7:00pm members participated in a “hands on” project for the Mother’s Day Tea, wrapping silverware and making a note pad that will be given as a gift. At 7pm Linda called the meeting to order. Member initiation for Maryann and Judy, and new officer initiation will be postponed again, taking place at the May meeting.

Officer Reports:

Roll was taken by Laura McPhee. Roll call attendees were: Linda Bridges, Sandra Teters, Beryl Price, Laura Collins, Kaye Martin, Marilyn Kroeker, Kathy Packard, Lisa Pratte, Bina Kozak, Cheryl Marians, Vivian Doering, Gina Ensalaco, Ann Lygas, Marena Mills, Joan Ward, Joanne Mohaffey, Judy Bohlog, and Laura McPhee. Correction to the minutes: The angel’s Depot event should be May 31.

Laura Collins as past President shared that there will be a Palomar Convention in Escondido on April 26th and the State convention will be in Irvine May 1-4. Anyone interested should see Laura.

Laura Collins stated that anyone who has not paid their dues (\$45) should get a check made out to CWONC to her right away. Laura was putting together a new roster and would get that out to members.

Roll was taken by Laura McPhee. Roll call attendees were: Linda Bridges, Donna Jenkins, Beryl Price, Laura Collins, Kathleen King, Kaye Martin, Maryanne Donovan, Marilyn Kroeker, Melanie Noble, Kathy Packard, Sandra Teters, and guest Barbara Olish who graciously brought items for Operation Top Knot.

Ann Lygas is scheduling a fun trip to either Coronado or Dana Point on May 17. Another fun event planned is a trip to the Laguna Arts Festival/Pageant of the Masters on August 8. For more information on these events check with Ann or Kathleen King, or check the newsletter.

Linda Bridges recognized Gina Ensalaco with a charm for her chairing projects.

Chair Reports:

- Linda Bridges asked members if they would be interested in an event at Dream Dinners. She took the idea from the Woman’s Club of Fullerton who teamed up with Dream Dinners and the Blood Bank for a no minimum purchase event. A blood drive lasted six hours, they held a one hour club meeting,

And then members had a chance to assemble one free medium meal. The store was open to the public the entire time except during the meeting and free meal. All donors received a free meal and all donations in support of the club earned \$5 for the club. Linda asked members to think about it and she would bring it up at another meeting to see if anyone would be interested in chairing the event.

Our first fundraiser for the year, the **Carnival of Cultures** with the City of San Marcos was held on April 13th. Gina Ensalaco, Laura Collins and Laura McPhee chaired the fundraiser and we only served 80 hotdogs. This was compared to previous years where we sold almost 200. Gina shared that the heat was probably a big factor to the low attendance. Laura Collins will provide the financial figures a little later.

- Our **Mother’s Day Tea** will take place May 10 at the Wood House. Laura McPhee provided flyers and donation letters for any members that could help get donations or participants. Laura told members she can mail invitations out to anyone members thought might be interested, friends, family, co-workers. We will be doing food preparation and decorating Friday night from 5pm to 8pm

- Lisa Pratte shared that she has set up another **Barnes & Noble Book Fair** to benefit the next cooking class for Casa. It is scheduled for Saturday, June 21st, 11am to 4pm. CWONC will get 10% on sales up to 2K and 15% for sales over 2K. This will be a service project and a fund raiser for CWONC. Saturdays provide the best sales and our members will participate in Story Time. Lisa needs two people to read at 11am and 1pm. There will be an author there who will sign their books at 2pm. Barnes & Noble will have a wish list of books for the kids at Casa, and will have information about the event in their newsletter. At the Book Fair CWONC members cannot promote CWONC unless someone asks about CWONC. Look for more information to come. Linda Bridges mentioned that she will purchase Barnes & Noble gift cards through Scrip.

- Linda Bridges made the motion to participate at the MS Walk at Legoland on April 19, starting with 7am check-in, and then walking at 8am. Lunch will be

provided and the start and finish line will be at the lower parking lot. Members signed up so far are Joan, Linda, Kathy and Sandra.

- Marena Mills shared that she and Kaye Martin are assisting with a fund raiser for Women to Women called "Taste of Humanity". It will be on May 22 from 6pm to 10pm at the Del Mar Powerhouse Community Center, with the tickets costing \$100. For ticket information call (858) 775-1872. The motion was made that CWONC would advertise the event to help promote participation.
- A fundraiser called "Barnstorming BBQ" for Angel's Depot is scheduled for Saturday May 31st 11am to 3pm in the WalMart parking lot off of Sycamore in Vista. Ann Lygas told members that they needed items for a rummage sale and volunteers to help with the event. If you are available to help out, please let Ann know. RSVP to Ann at cwoncannie@yahoo.com
- Ann Lygas let everyone know that CWONC no longer will help with the Blue Ribbon judging at the Del Mar Fair. We do need help with the photography clerking scheduled for June 7th, 8am to 2pm, and 20 people are needed. CWONC gets paid for working this event AND each volunteer will get a FREE TICKET into the Fair AND it's really fun! We have committed to 20 volunteers and have 6 people signed up so far. You can bring friends, co-workers, spouses, and children over 18 to this event. RSVP to Ann at cwoncannie@yahoo.com.
- Scholarship applications went to Mission Hills High School in San Marcos and Vista High School. Ann Lygas stated that the deadline is April 30th and then award ceremonies will be held the end of May. Committee members will attend the ceremonies.
- Another Casa de Amparo Cook Class has been scheduled for Saturday, July 19th. It will be held at the San Marcos Community Center from 9am to 12:30pm. Look for more information to come from Laura McPhee.
- October is national Domestic Violence "Cut it Out" month and Laura Collins said we are planning to participate in the same manner CWONC has for the past two years, except to invite local hairdressers as our guests to see how they can possibly help victims of domestic violence. The date is still to be determined.

Approved Motions:

- Laura Collins made the motion to donate \$150 to two brothers that are in need of heart transplants.

Their parents lost their home and business and are now faced with insurmountable medical bills.

- Linda Bridges made the motion to participate in the annual MS Walk at no cost to CWONC.
- Marena Mills made the motion that CWONC would publicize the Women to Women fundraiser scheduled for May 22 from 6pm to 10pm. There is no cost to CWONC.

Announcements:

- CFWC convention is in Irvine on May 1-3
- The Angel's Depot has a fund raising event on July 21st, called the Angel's Depot Day at the Del Mar Races. Tickets are \$100 per person which includes Il Palio Room Seats, lunch, prize drawings, and free program. For additional information call (760) 599-7093.

Linda Bridges closed the meeting at 8:10 pm.

1. Federation News

Chairs: Kathleen King & Ann Lygas

Federation is what members do for fun. Check out what's planned below:

- ❖ Fun day trip to Coronado, Dana Point, or Laguna Beach - Sign up at May meeting or email Ann at cwoncannie@yahoo.com.
- ❖ **LAGUNA ARTS FESTIVAL & PAGEANT OF THE MASTERS**

Friday, August 08, 2008 Per Person Fare: \$99

Departure: 1:45 PM **Return:** 11:30 PM

Pickup Location: La Costa Park & Ride, East Side Of I-5 At La Costa Ave., Carlsbad

For reservations please contact DayTripper Tours at PH: 619 299-5777, and please advise that you are part of the Contemporary Women of North County group when making your reservation.

Special Instructions

This tour is arranged and conducted by DayTripper Tours CST #2013401-50

- 1) Pageant Begins At 8:30 Pm
- 2) Seating For The Pageant Is In An Outdoor Amphitheater
- 3) You May Want To Bring A Small Lap Blanket And Binoculars.
- 4) No Cameras Or Recording Devices Allowed At The Pageant Of The Masters.

For information please contact Kathleen King at PH: 760 310-372.

Cancellation Deadline: Jul 25, 2008

2. District News

District Report - Laura Collins

The Palomar District Convention was held on Saturday, April 26. The District celebrated their 50th Anniversary with the theme of "Memories Are Made of This." CWONC members in attendance were, President Linda Bridges, Marilyn Kroeker, Vivian Doering and Laura Collins. CWONC, in the small club category, received two Certificates of Award for projects in Advocates for Children and Empowering Women One by One. Outgoing President Laura Collins presented the CWONC club report as a poem highlighting all club activities for 2007. Club members were seated with the Carlsbad Jrs. and we enjoyed meeting and sharing ideas with our neighboring club. Besides feasting on a delicious lunch, we were also entertained by the Bonsall Woman's Chorus. Outgoing President, Susan Fowler accomplished her project for the CFWC Convention (May 2-4 in Irvine) - "Purses for a Purpose." All attendees brought gently used purses and we filled them with pens, notepads and toiletries. They will be taken to the CFWC Convention for more "filling" and then they will be donated to a woman's shelter. It was a delightful day, lots of kudos and a chance to hear about the great work that our women's clubs do to improve our communities.

3. BRING IN OLD CELL PHONES

Chaired by: Kaye Martin

Kaye Martin is collecting unused and unwanted cell phones from club members (and their friends and family members) in support of Cell Phones for Soldiers, an organization which turns old cell phones into more than 12 million minutes of prepaid calling cards for U.S. troops stationed overseas in 2007. To do so, Cell Phones for Soldiers expects to collect 15,000 cell phones each month through a network of more than 3,000 collection sites across the country. The phones are sent to ReCellular, which pays Cell Phones for Soldiers for each donated phone – enough to provide an hour of talk time to soldiers abroad.

“Americans will replace an estimated 130 million cell phones this year,” says Mike Newman, vice president of ReCellular, “with the majority of phones either discarded or stuffed in a drawer. Most people don’t realize that the small sacrifice of donating their unwanted phones can have a tremendous benefit for a worthy cause like Cell Phones for Soldiers.”

Cell Phones for Soldiers was founded by teenagers Robbie and Brittany Bergquist from Norwell, Mass., with \$21 of their own money. Since

then, the registered 501c3 non-profit organization has raised almost \$1 million in donations and distributed more than 400,000 prepaid calling cards to soldiers serving overseas.

“Cell Phones for Soldiers started as a small way to show our family’s appreciation for the men and women who have sacrificed the day-to-day contact with their own families to serve in the U.S. armed forces,” says the teens’ father, Bob Bergquist. “Over the past few years, we have been overwhelmed by the generosity of others. But, we have also seen the need to support our troops continue to grow as more troops are sent overseas for longer assignments.”

The Cell Phones for Soldiers website also offers a link to a free “cell phone eraser” so your personal information can be deleted before recycling.

<http://www.cellphonesforsoldiers.com/about.html>

Please bring in any old cell phones to the next meeting and let’s help support this worthy cause.

4. Ongoing Service Projects

Collecting Toiletries

Please keep collecting toiletries and bring them to each meeting, making sure that all bottles of lotion, shampoos etc. are unopened because we can't donate items that have been used.

Operation Top Knot

Chaired by: Beryl Price

I was delighted that Linda asked me to take over as chairperson for our Operation Top Knot, and hoping we will bring a smile to the gals at home waiting for their husbands to return. It has been brought to my attention that we can send "very gently used" no stains or tears, baby clothes - teddy bears - small toys - blankets. So please bring whatever you may have from possibly your children or grand-children to our meetings I can include this in our gift boxes. Of course I can always use any new contributions you would like to make. To date - I have sent out 8 boxes and have 15 ready to go!!!

Diana's Angel's

Chaired By: Vivian Doering

Diana's Angels is a group that provides burial layettes for Mothers that have unexpectedly lost a baby from miscarriage, still born, or severe birth defects. These Mothers have difficulty finding garments small enough.

The San Diego Diana's Angels was founded in 2000. Mothers who have lost their infants are offered layettes containing a hand knit or crocheted receiving blanket, a kimono, and a boy's sleeper and cap or a girl's dress and bonnet. The layette box is distributed through mortuaries and hospitals, such as Tri-City, Palomar, Sharp's Mary Birch, UCSD Medical Center, Children's Hospital, and Camp Pendleton. Over 200 boxes are given out each year. If you would like to help grieving families contact Vivian or Rosemary Haraldsson on (760) 741-1090. Materials are provided and they are looking for afghans that can be knitted, crocheted or sewn, measuring 18 inches by 18 inches in blue, pink or white.

Scrip, eScrip & Those Collectibles

Don't forget that there are a lot of ways to help CWONC. You can buy Scrip (the gift cards) at our meetings from Laura Collins and use them for meals or purchases you plan on making. There's no additional cost for you and CWONC will receive a small percent from the purchase. Or you can use eScrip to get credit for CWONC. To sign-up you go to the eScrip website at www.escrip.com and then you can register your grocery cards that you use at Vons, Major Markets, Safeway or Ralph's. If you have any questions you can check with Marilyn Kroeker.

Marilynn also collects Major Market receipts, and CWONC can receive a small amount for those. Some other ways you can help are:

- **Collect cancelled stamps for Tubfirm** and give them to Vivian Doering. Vivian shared that she sent 2 big packets, \$10.60 in postage, to the Norwegian Seaman's Church/Church of Norway Abroad. Vivian donates the postage necessary to sent the packets.
- **Collect soda can pull Tabs for Ronald McDonald House** and give them to Linda Bridges
- **Collect bed linens, towels & stuffed animals for Sunburst Camp** and give them to Vivian Doering
- **Remember we use hotel toiletries for many items so keep bringing them in**

5. Annual Service Projects

Mother's Day Tea

Chaired by: Laura McPhee

CWONC puts on a great Tea party at the Wood House, where participants share a wonderful afternoon of fine teas, delicious treats, delightful company, and terrific opportunity items. It takes place outside on the lawn and provides a great opportunity for CWONC to raise funds. It is scheduled for **Saturday May 10th** from 11:30am to 1pm. Volunteers help do preparation work Friday evening and then help with the event on Saturday.

San Diego County Fair Clerking & Blue Ribbon Judging

Chaired By: Ann Lygas

Every year CWONC helps out at the San Diego County Fair. In the past we have helped in two ways, first we help as Clerks for the photography judges, and then we help do Blue Ribbon Judging. This year we will only be doing the clerking for the Student Showcase Photography on **Saturday June 7th from 8am to 2pm** at the Fairgrounds. We need 20 CWONCers to do the clerking. You may bring your spouse, significant other, friend, co-worker, and neighbor to help out! This is a great fundraiser for club, so look for more information at our April meeting. Ann is expecting information about other possible opportunities for volunteering at the Fair.

Scholarships

Chaired By: Ann Lygas

Members from the CWONC Scholarship Committee met on March 11, 2008 and decided to give two \$500.00 scholarships to graduating senior girls attending community college at either Palomar College or Mira Costa College. The area high schools picked this year are Mission Hills High School in San Marcos and Vista High School in Vista. Applications will be available through the counselors at both schools. The Scholarship Committee members are: Ann Lygas –Chairwoman, Laura Collins, Beryl Price, and Laura McPhee.

CWONC Book Fair

Chaired by: Lisa Pratte

Barnes & Noble Book Fair to benefit the next cooking class for Casa. It is scheduled for Saturday, June 21st, 11am to 4pm. CWONC will get 10% on sales up to 2K and 15% for sales over 2K. This will be a service project and a fund raiser for CWONC. Saturdays provide the best sales and our members will participate in Story Time. Lisa needs two people to read at 11am and 1pm. There will be an author there who will sign their books at 2pm. Barnes & Noble will have a wish list of books for the kids at Casa, and will have information about the event in their newsletter. At the Book Fair CWONC members cannot promote CWONC unless someone asks about CWONC. Look for more information to come. Linda Bridges mentioned that she will purchase Barnes & Noble gift cards through Scrip.

6. New Business from our Prez

Soldier's Angels need our help.

Operation Top Knot is not led by members of a non profit called "Soldier's Angels" and they need our help in another direction. Let Linda know if you are interested in participating by making lapghans for the VETS. We don't have any money in the budget for yarn, but perhaps you might have left over bright colors you have on hand, or we all could "scour" the thrift shops and yard sales for yarn. Here's the message I received....

"Patti Bader has asked us to collect 25,000 lapghans for our VAs across the US. We just received a request for twin bed size afghans for the Hospice Unit at the Bedford MA VA facility, they need them 4 to 5 at a time as they will present them to their hospice patients. We have been asking for our crocheters to make lapghans in the size 36x48" in any bright color, any stitch or pattern they choose in washable yarns. We are also giving them the option of mailing to VAs in their general region to help save postage.

We will be providing numerous different items to our VAs. From afghans, lap robes, stocking caps and scarves (one facility requested 800 hats and scarves for the upcoming winter) slipper socks, Trach Bibs, and wheelchair/walker bag totes. There is certainly something for everyone. We have quilters, knitters, crocheters and seamstresses on our team.

If you are not able to help, please pass the word on to any friends, family, church groups etc that may be interested in helping our wounded soldiers and veterans.

We have had quite a few church groups or crochet groups from nursing homes offer to help make lapghans or stocking caps. One does not have to join Soldiers Angels and adopt a soldier to help this team out. You just join the Sewing Team and fill out a simple form

with contact information. We will be working hand in hand with the sewing team.

We thank you for listening. Please let us know if you can help or know of someone who would like to help bring some love and comfort to our soldiers and veterans one stitch at a time."

Project Ideas

News from GFWC California Federation of Women's Clubs (GFWC-CFWC)

One of the benefits of our membership in GFWC-CFWC is the never-ending list of project ideas. New from our State Chairman:

- National Disaster Search Dog Foundation (provides the nation with highly trained canine search teams to find people buried alive in the wake of disasters)
- California State Parks Foundation- State Park Cuts due to budget cuts- www.calparks.org
- New Orleans City Park- still recovering due to Hurricane Katrina-over 1,000 trees toppled and flooding killed most of the plants and grass. www.NewOrleansCityPark.com

If you have any interested in pursuing one of these projects, please let Linda know....

7. Check It Out.....

✓ GFWC California Federation of Women's Club Slate Convention and Junior Annual Meeting is scheduled for May 1 thru 4, at the Irvine Hilton. The Junior Meeting will take place on May 3rd 8am to 10am. Contact Laura Collins if you are interested in attending.

✓ **Xerox is doing something really nice.**
If you go to this web site, www.letsaythanks.com, you can pick out a thank you card and Xerox will print it and send it to a soldier that is currently serving in Iraq. You can't pick out who gets it, but it will go to some member of the armed services. How AMAZING it would be if we could get everyone we know to send one!!! This is a great site. Please send a card. It is FREE and it only takes a second, so help us thank our soldiers.

✓ M&Ms for Cancer – New Pink & White M&M's
The maker of M&M candies has teamed up with the Susan G. Komen Breast Cancer Foundation to raise funds through the sale of their new 'pink & white'

M&M candies. For each 8-ounce bag of the special candies sold, the makers of M&M (Masterfoods) will donate 50 cents to the foundation. The next time you want a treat, please pick up a bag (now sold in stores nationwide) - you will be donated to a great cause and satisfying your sweet tooth. Just think...If each of us buys one bag or two.... how much will be donated. Buy a bag for a friend..... Please pass on to all your family and friends



Days To Remember

Happy Birthday To:

Kaye Martin – May 1st
 Beryl Price – May 9th
 Cathy Montes – May 11th
 Barbara Snyder – May 21st
 Donna Jenkins – May 22nd

Happy Anniversary To:

Donna & Ed Jenkins - May 27th

9. Treasurer Report

Treasurer: Laura Collins

GFWC-CWONC Treasurer's Report

March 25 - May 1

Income:

Donations for Jackson Scholarship: \$950.00

Dues In: \$45.00

Fundraising In:

Recycle: \$18.68

Carnival of Cultures: \$616.00

Major Market: \$50.20

Mother's Day Tea: \$711.00

Sell Scrip: \$840.00

Total Income: \$3,230.88

Expenses:

Donations Out:

Helping Hands (Kremis Fund) \$150.00

1st Books: \$17.00

Chefs of Del Mar (Basket): \$50.00

District and State Obligations (Registration Fee for District Convention, &.10 X 28): \$117.80

Operation Top Knot: \$70.75

Total Donations Out: \$405.55

Dues Out (Federation Data Blank): \$667.00

Fundraising Out:

Buy Scrip: \$1694.20

Carnival of Cultures: \$550.19

Mother's Day Tea: \$64.27

Total Fundraising Out: \$2308.66

Total Expenses: \$3381.21

Total Income/Expenses: \$-150.33

Club Assets:

Cash in Bank: \$9516.17

On Hand: \$48.00

Scrip on Hand: \$1625.00

Total Assets: \$11189.17

SCRIP

Here's what's available in Scrip

| Vendor | Denom | Total |
|-----------------------|---------|-------------------|
| Applebees | \$25.00 | \$100.00 |
| ARCO Gas | \$50.00 | \$100.00 |
| Barnes & Noble | \$10.00 | \$200.00 |
| Barnes & Noble | \$25.00 | \$100.00 |
| Cold Stone | \$10.00 | \$10.00 |
| Macaroni Grill-Chilis | \$25.00 | \$100.00 |
| Home Depot | \$25.00 | \$200.00 |
| Lowes | \$25.00 | \$200.00 |
| Michaels | \$25.00 | \$50.00 |
| Outback | \$25.00 | \$25.00 |
| Regal Movie | \$25.00 | \$25.00 |
| Panera | \$10.00 | \$50.00 |
| Souplantation | \$10.00 | \$40.00 |
| Stater Bros | \$25.00 | \$200.00 |
| Starbucks | \$25.00 | \$200.00 |
| Wal-Mart | \$25.00 | \$25.00 |
| | | \$1,625.00 |

